

Mission

It is the mission of Seventy-Five State Street to promote the independence, dignity and individuality of older people of all financial abilities by offering stimulating and supportive programs and services in a gracious urban residential setting.

Seventy-Five State Street offers independent and assisted living opportunities in the heart of Portland's historic West End. Established in 1854, it is one of the oldest not-for-profit charitable institutions in the city.

Food for Thought

"Getting old is like climbing a mountain; you get a little out of breath, but the view is much better!" - Ingrid Bergman

Employment opportunities • Contact Margaret Rozzi at 775-7775 x 205 or rozzi@75state.org.

Admissions information • Contact Lori Maxwell at 775-7775 x 224 or maxwell@75state.org.

Board of Managers membership • Contact Chair, Edith McCormick at 797-5114 or edimaude@yahoo.com.

Community meeting space • Contact Lori Maxwell at 775-7775 x 224 or maxwell@75state.org.

Mailing list • Contact Janice Drinan at 775-7775 x 203 or drinan@75state.org to add or delete.

Gift opportunities • Contact Janice Drinan at 775-7775 x 203 or drinan@75state.org.

**Seventy-Five State Street
Board of Trustees**

Hall Thompson, Chair
Deborah DiDominicus, Vice Chair
Frank Fowles, Secretary
Ben Geci, Treasurer

Elizabeth Boynton
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The Spirit of 75

A Dream Comes True

Residents, staff and trustees wish to express sincere appreciation to Dr. Walter Keller of Mercy Hospital, Portland, and Mr. Robert Keller of Elkton, Maryland, for their gift of a handicapped accessible, Toyota Sienna mini-van with only 15,000 miles on its odometer. When the Kellers recently lost their mother, Gertrude Keller, they decided to honor her memory by donating her van to Seventy-Five State Street. It will be used to transport residents to medical appointments and outings.



The new van arrives!

Residents gathered on October 12th to greet Dr. Keller and accept delivery of a shiny silver mini-van. Many looked on in amazement and cheered loudly as he presented the keys to them. As one resident remarked, "I don't care what anyone says, there really are good people in this world!" Our deepest gratitude goes to the Kellers for being two of those "good people."



Driving instructions

Residents, along with staff drivers, are smiling broadly these days as they make their way about town, enjoying their new mode of transportation. Yes, sometimes dreams really do come true! This generous gift will surely enrich the lives of SFSS residents for years to come. The care and concern the Kellers have shown for older people serve to honor their mother's memory in a very special way.

Our current aging fleet of vehicles is greatly enhanced by the addition of this comfortable mini-van in like-new condition. If you would like to consider the donation of a car or a van to improve the transportation services at Seventy-Five State Street, please contact Development Director Janice Drinan at ext. 203. We need to upgrade several vehicles in the near future, and we would be truly grateful for your help.



Thank you, thank you!

Next to New Sale



The SFSS Board of Managers conducted its semi-annual Next to New Sale in October. Residents were able to "shop at home" and buy some nice, reasonably priced items. Many small sales produced a total of \$575. This amount will be added to the Board's fund which is used for programs and activities for residents. Thus, the Next to New Sale is clearly a win/win event for all!

Another Next to New Sale will be held in May, 2010. The Board of Managers welcomes your donations of gently used clothing, jewelry and household items. Contact Board Chair, Edith McCormick, at 797-5114 for further information.

Fall 2009

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Maine Health Care Association

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nhal

75 State Street • Portland, Maine 04101
www.75state.org • 207.775.7775

A History Of Gracious Living

SEVENTY-FIVE STATE STREET

Holiday Festival

The SFSS Board of Managers is sponsoring a Holiday Festival in the State Street living room from Tuesday, December 1st through Friday, December 18th. Beautiful, hand-made items will decorate the sitting area and create a sparkling wonderland in which residents can relax and enjoy the holiday spirit. All items will be available for purchase by residents through December 4th. The sale will be open to the public beginning December 5th. Your check will hold an item, which may then be collected at the conclusion of the event on Friday, December 18th. All proceeds from the sale will benefit the Board of Managers fund which provides special programs and services for the residents.

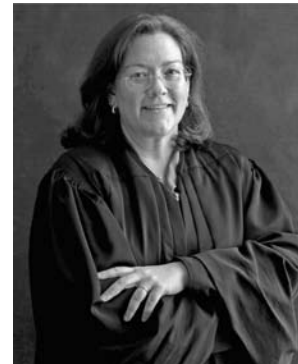
Holiday items to be sold during the festival include hand-decorated, table-top Christmas trees, wreaths, table arrangements, quilted wall hangings, gingerbread houses, lovely tree ornaments and numerous small, hand-made, Christmas items.

You are invited to stop by and relax in the living room during the Holiday Festival and enjoy the cheerfulness of the season. Perhaps you will find a lovely hand-made gift to grace your holidays while supporting a worthy cause as well.

Chief Justice Leigh Ingalls Saufley

In the early fall, residents, staff and guests were treated to a lively and informative presentation on the Maine Judicial Court system by Chief Justice Leigh Ingalls Saufley. We extend our thanks to the Board of Managers for sponsoring this very interesting program and to Justice Saufley for generously sharing her time and expertise with us.

Dick and Jan Ingalls, proud parents of the Chief Justice, have given and continue to give countless hours of volunteer service to Seventy-Five State Street as members of the Board of Trustees and the Board of Managers. For their continuing support, we are most grateful.



Chief Justice Saufley

Music to our Ears

"We all want to thank everyone at 75 State Street for being so wonderful to our mother. In so many ways, she is the happiest that she has been in her entire life. We credit your staff and wonderful facility with much of her joy." - Teresa Beaulieu Eagers

Volunteer Recognition

Volunteers who donated twenty or more hours of service during the past year were honored at a Recognition event held at Seventy-Five State Street in September. Residents and staff alike wish to thank each and every volunteer who participates in making this a special community in which to live and work.



Lennie Ball
6 year volunteer

Lend a Smile and a Helping Hand

Your assistance with the following activities could add to the fun and enhance the program opportunities at Seventy-Five State Street: golf putting, volleyball, dancing, Wii games, craft projects and holiday fair activities. One-on-one activities can also be arranged. They involve such things as walking and talking with a resident, guiding a wheelchair bound resident in our gardens, teaching computer skills, playing card or board games, letter writing and typing email messages. Your volunteer service could bring great joy to another's life as well as to your own. Call Volunteer Coordinator, Laura Pivin, at ext. 249 to discuss the many possibilities to engage with some delightful seniors.

Guest Column By Paula Johnson

The *Seventy-Five State Street Players* performed a Readers' Theatre production of "Almost Murder" by Jules Abrams on October 27th in the Adams Center. Paula Johnson, member of the Board of Managers, coordinates these performances and rehearses with the group several times prior to theater day.

Readers' Theater focuses on oral interpretation of a script rather than on memorization, staging, and elaborate props. This theater is theater of the imagination, bringing enjoyment to the actors as well as the audience. There are many styles to Readers' Theater, but nearly all styles share these traits: no memorization; scripts held during performance; no costumes or, at best, partial and suggestive; no stage sets or, at best, simple and suggestive. Narration – rehearsed reading – provides the framework for dramatic action. The actors and the audience are required to use their imagination, immersing themselves in the characters and action. Readers' Theater is also a listener's theatre – enjoyable for all participants!

Current SFSS Players are Betty Adams, Dick Bowman, Barbara Burbank, Arlene Burns, Frank Fowles, Barbara Johnston, Bob Joy, Alice Loesch, Mary MacVane and Helen Zigmund. They give it their all – it's a team effort and they don't want to let down their friends. The bottom line is whether it's a comedy or a tragedy, we have fun!



Players in rehearsal

With Gratitude

There are many ways to support SFSS, including monetary gifts, tribute gifts, planned giving, residents' funds, in-kind donations and volunteer efforts. All are gratefully received and will enrich the lives of current and future residents. SFSS wishes to express deep appreciation for the following gifts received from **August 1, 2009 to October 31, 2009:**

2009 Annual Appeal

Gifts of \$1,000

Nancy & Tony Forgione
Hall & Deborah Thompson

Gifts of \$500 to \$999

Mrs. William P. Adams *in memory of Mrs. Emerson Drake*
Robert Carlson *celebrating the life of Ruth Carlson*

Gifts of \$250 to \$499

Jabbar Fazeli, M.D.
Barbara Fleming
Frank R. Fowles, Jr.
Chip & Laura Foye *in memory of Natalie G. Foye*
Edith McCormick *in memory of Dorothy J. Emmertz*
Peter Monro

Gifts of \$100 to \$249

J. Howard & Jane Adams
Anonymous
Anonymous
Roger Asch
James & Bonnie Atwell *in honor of Margaret Sinski*
Donna Crowley *in memory of Mary Lauretta Crowley*
James & Siriya Deschenes *in honor of Helen Deschenes*
Peter & Roberta Deschenes
in honor of Helen Deschenes
Nancy P. Drake
Ben Geci
Janet & Richard Ingalls
Joanne & Fred Morin *in memory of Eleanor Morin*
Dorrine Steele *in honor of Mary Bedell*
Gary Venner *in memory of Rose Venner*

Gifts up to \$99

Bonnie Beach
Louis G. Bove, M.D.
Barbara Burbank *in memory of Leon Burbank*
Charles & Rosemary Civiello
in memory of Fr. John Civiello
Janice Drinan *in memory of Dorothy Robar*
William & Maxine Duffy
Margaret Dyer
George & Shirley Hayes *in memory of John G.R. Glass*
Paula Haney Johnson *in memory of Paul Haney*
Wynona Johnson
Tonia Nadzo Medd
P.J. Merrill Seafood, Inc.
Mary Jo & John O'Day *in memory of Rita Sawyer*
Charles & Frances Prinn
Tim & Natalie Ranker *in memory of Dorothy Robar*
Deborah Reed
Beverly Richter
UNUM matching gift
Betty Winterhalder
Winnifred York

Gift of a Toyota Sienna Mini-Van

Walter & Robert Keller *in memory of Gertrude M. Keller*

Gifts to Activity Fund in memory of Guy Cushman

Portland Builders
Ted & Mary Holmes
Bob Joy
Burton Mabry
Polly McMillan
Georgia Sutherland

Gift to Activity Fund

The family of Monique Beaulieu

Tribute Garden Commemorative Bricks

Mary Anne Dunham *in memory of Barbara R. Foley*
John McDonald *in memory of Katherine (O'Malley) McDonald*

Gift to Resident Benefit Fund

Andre & Marie Ducharme *in honor of Lucienne Ducharme*

In kind donation

Jerry Gerhardt, annual planting of many chrysanthemums at SFSS